

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: HATHCOTE First Name: Fiona

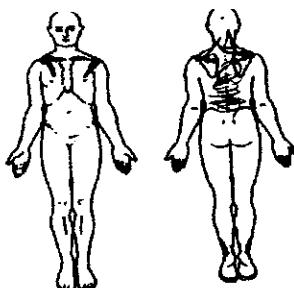
Date 26/9/23

Area Being Treated SBL/Pecs

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y ☒ N
If yes _____

Response to previous treatment (+ve, -ve, SQ): True



Lower back
brush cutting
→ Tight and aches
Lower Trap/longissimus

Client consent for treatment

Please sign

[Signature]

Date

OBJECTIVE EXAMINATION:

Observation: <u>Scap</u>	Motion tests (Active, Passive, Resisted, Special Tests): Tx Rotn L 80° S₁@ Pec Minex R 75° S₁@ W down Cx Rotn L 70° P₁@ U/T R 60° PB
Palpatory Assessment: <u>longissimus hypertermic</u> <u>Pec Minor</u>	
Treatment: <u>MPTT - ilio costalis, QL</u> <u>longissimus, semispinalis,</u> <u>Lat Dors i, U/T, Lev Scap</u> <u>Pec minor</u> <u>Cx Joint Mob</u>	Advice & Corrective Exercises: <u>YTW</u> <u>Stretches for flight</u> <u>Piriformis Stretch (seated)</u>
Reassessment & Postural Improvements: <u>Cx Rotn L 85° PB</u> <u>R 85° PB</u> <u>Tx Rotn L 80° PB</u> <u>R 60° PB</u>	

Next Treatment/Management Plan:

Stretches for flight