

# Tarregower Remedial Massage

## CLIENT RECORD: Follow-up Consultation

Last Name: Heathcote First Name: Fiona

Date 30/6/23

Area Being Treated Superficial  
Backline

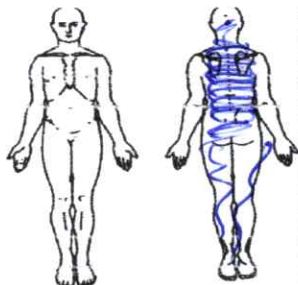
Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y/N

If yes \_\_\_\_\_

Response to previous treatment (+ve, -ve/ISQ): +ve

Legs/adductor settled down



Larapinta Trail  
next week

Client consent for treatment

Please sign

FH

Date

30/6/23

### OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests):
Palpatory Assessment:	
Treatment: <u>MFTT: ilio costalis, semi spinalis, longissimus, U/L, low scar, glute med, glute max, ITs, calves, Plantar Fascia, D.P. MFL - Glute med, Piriformis.</u>	Advice & Corrective Exercises: <u>Stretch routine prior to each Day's hike</u>
Reassessment & Postural Improvements:	

Next Treatment/Management Plan:

18 July - Post Hike Treatment