

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: HEATHCOTE First Name: FIONA

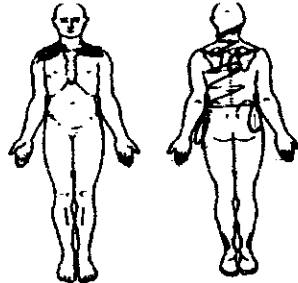
Date 23/3/23

Area Being Treated Pecs/Cx/Tx

Current Presentation LOOTRADIOPS:

Has your Clinical Impression
changed? Y N
If yes _____

Response to previous treatment
(+ve, -ve/ISQ): +ve



Pec Minor & Major
→ increase in weights
for Flys
glutes
piriformis

Client consent for treatment

Please sign

Date 23/3/23

OBJECTIVE EXAMINATION:

| | |
|--|--|
| Observation: | Motion tests (Active, Passive, Resisted, Special Tests): |
| Palpatory Assessment: | |
| Treatment: <u>MFT 11/2 costals, Qv, longissimus,</u> <u>Glute need glute max</u> <u>Pec may be minor.</u> <u>OIP MTP Glute Med, Relem</u> <u>Cx Joint mob</u> | |
| Reassessment & Postural Improvements: | Advice & Corrective Exercises: <u>Cx Stretches.</u> <u>YTW</u> |

4 weeks (booked)