Tarrengower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: HEATHCOTE First Name: FIONA Date 30/1/23

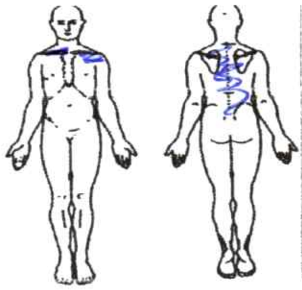
Area Being Treated Cx→Tx→Lx, Hips

Has your Clinical Impression changed? Y (N)

If yes

Response to previous treatment (+'ve, -'ve ISQ): +'ve

Current Presentation LOOTRADIOPS:



Rhomboids
Cx-Tx → Lx
Pecs (Minor)

Client consent for treatment

Please sign [signature]

Date 30/1/23

OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests):
	Hip Flex L 125° R (Spring) R 125° R (spring).
Palpatory **Assessment:** Pec Minor & Pec Major hypertonic.	
Treatment: MFTT - ilio costalis longissimus Rhomboids, Glute Med, H/S, calves, Rec Fem, Vas lat, Pec Min, Pec Maj, O/P MT, P - Rhomb., Lev Scap, Glute med Pec Min	Advice & Corrective Exercises: Y T W, QUAD Stretch, Glute Stretch
Reassessment & Postural **Improvements:** Pec Maj	

Next Treatment/Management Plan: 3 weeks (booked)