

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: HEATHCOTE First Name: FIONA

Date 5/9/22

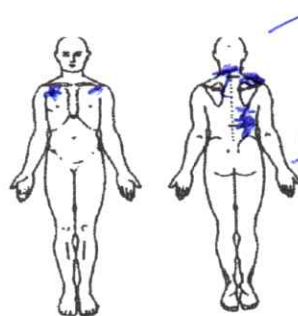
Area Being Treated Tx/Cx

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y/N

If yes _____

Response to previous treatment (+ve, -ve/SQ): +ve



@ Upper Back

More Ergonomic Design work

Rhomboids/Pec Minor

Client consent for treatment

Please sign

Date 15/9/22

OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): <u>Cx Rotn L 60° SI @ Semi-Spinators</u> <u>R 85° PB</u>
Palpatory Assessment:	<u>Cx Lat Flex R 30° PI @ Splen cap</u> <u>L 40° SI @ Splen cap</u>
Treatment: <u>MFTT ESA, TRAPS, Pec Minor</u> <u>DIP MTRP - Supra, Rhomb.,</u> <u>Pec Min.</u> <u>Joint Mob C2 - C5.</u>	Advice & Corrective Exercises: <u>Y TW for Rhomboids</u> <u>Cx Lat Stretch</u>
Reassessment & Postural Improvements: <u>Cx Rotn L 75° SI @ U/T</u> <u>R 85° SI @ U/T</u> <u>Cx Lat Flex L 40° PI @ Post Scalen</u> <u>R 40° SI @ U/T</u>	

Next Treatment/Management Plan: _____

Room Temp Water