Tarrengower Remedial Massage

CLIENT RECORD: Follow-up Consultation

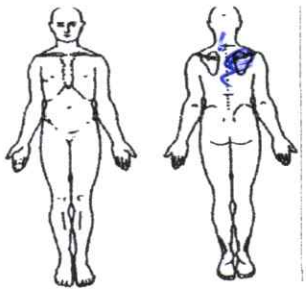
Last Name: Shepherd First Name: Alan Date 4/9/23

Area Being Treated Shoulder/Neck

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y (N)
If yes

Response to previous treatment (+'ve, -'ve ISQ): +'ve



@ Sternoclav
Supraspinat
Lev Scap
Scalene?

Client consent for treatment

Please sign Date

OBJECTIVE EXAMINATION:

Observation:

Palpatory **Assessment:**

Treatment:
MFR Infra, Supra, Lev Scap, Lat dorsi deltoids UTi, Scalenes
DIP MFR Lev Scap, Teres Min
Cx Joint mob (post)

Reassessment & Postural **Improvements:**
Shlder ABD R 180° P, @ Supra
Cx Rotn

Motion tests (Active, Passive, Resisted, Special Tests):
Shldr abd L 180 PB
R 90° P, @ Supra
Flex L 180 PB
R 180° S, @ Lat Dorsi
Cx Rotn L 60° P, @ Spla Cap
R 60° P, @ Lev Scap
Scap offload +ve Bilat.

Advice & Corrective Exercises:
Shoulder mobilisation exercises
→ Daily
* Check with GP if area around @ Lev Scap swells.

Next Treatment/Management Plan: Thursday → for Hip.