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13/10/2023

Medical Certificate of clearance for massage

Ms Sandra Hudson as you know had cardiac surgery however she's stable and in fact would benefit from Myotherapy I would suggest however no aggressive therapy in the thoracic region to start slow before getting into deep tissue there

however as she's able to withstand pressure to thoracic region you can move forward with deep pressure, at that time but as of today 13/10/2023 we're happy for her to pursue myotherapy treatment as tolerated

Ali -> Electronically signed.

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