

# Tarregower Remedial Massage

## CLIENT RECORD: Follow-up Consultation

Last Name: HERCOST First Name: KEN

Date 10/11/22

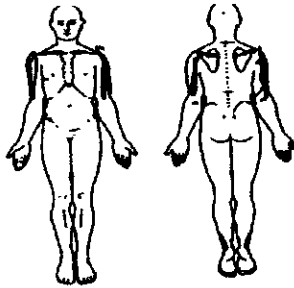
Area Being Treated \_\_\_\_\_

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y ☒ N

If yes \_\_\_\_\_

Response to previous treatment (+ve, -ve/SQ): 1.5%



Arms/Shoulders

Dull pain

Rotator cuff

Triceps

Delts

4hrs brushcutting.

Client consent for treatment

Please sign K. Hercost

Date 10/11/22

### OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): <u>elbow flex Resisted ✓✓</u> <u>ext Resisted ✓✓</u>
Palpatory Assessment: <u>Triceps Long head hypertonic Bilat.</u>	
Treatment: <u>MFTT Infra, Supra, Teres Min</u> <u>Triceps Long, Med, lat.</u> <u>D.P MTP Teres Min</u>	Advice & Corrective Exercises: <u>Triceps extension w resistance</u> <u>→ Hold, slow release band</u> <u>YTW - Down way</u>
Reassessment & Postural Improvements:	

Next Treatment/Management Plan: 2 weeks (booked)