

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: McLEAN First Name: NEIL

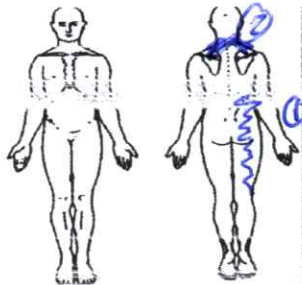
Date 10/6/23

Area Being Treated LB/Glutes/Cx Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y N

If yes _____

Response to previous treatment (+ve, -ve/ISQ): +ve



① Pain R - LB → Glute
sciatic nerve
pathway

Pain R "11/10"
MoT = wood cutting
→ reaching

② Sore B Cx.

Client consent for treatment

Please sign [Signature]

Date 10-6-23

OBJECTIVE EXAMINATION:

Observation:

Motion tests (Active, Passive, Resisted, Special Tests):

SLR L 60° R (Spring)
R 60° R (Spring)

Palpatory Assessment:

Treatment:

MFR - ilio costalis, longissimus,
Semi spinalis, Lev Scap, U/T
Glute Med, Glute Max
DIP MIP Lev Scap, Glute Med,
Glute Max, Piriformis

Advice & Corrective Exercises:

Cx Stretches
Piriformis Stretch
Glute stretch

Reassessment & Postural Improvements:

SLR L 70° R (Spring)
R 70° R (Spring)

Next Treatment/Management Plan: Next Week → Glutes