

CLIENT RECORD: Follow-up Consultation

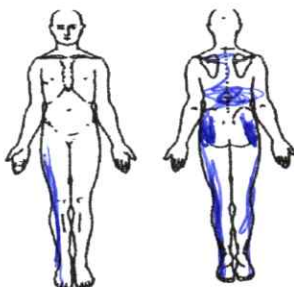
Last Name: McLEAN First Name: NEL

Date 29/4/23

Area Being Treated Lx/Hip/Sagitt Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y N
If yes _____

Response to previous treatment (+ve, -ve/SQ): +ive



R Peroneus L Lat malleolus
ST, 5 and?
@ Flexor Dig?
@ Soleus

? Origin @ ankle?
up?

Client consent for treatment

Please sign [Signature]

Date 29-4-23

OBJECTIVE EXAMINATION:

Observation: <u>@ Ankle Swollen. Joint?</u> <u>Flexibility improvement</u> <u>→ Wood Chopping?</u>	Motion tests (Active, Passive, Resisted, Special Tests):
Palpatory Assessment:	
Treatment: <u>MET ilio costalis, QL, longissimus</u> <u>Glute Medius, Glute Max,</u> <u>TFL, H/S, Gastroc, Soleus, Peroneus</u> <u>L&B,</u> <u>DIP MTP Glute Med, Glute Max,</u>	Advice & Corrective Exercises: <u>- Monitor @ Ankle.</u>
Reassessment & Postural Improvements: <u>Pilates</u>	

Next Treatment/Management Plan: 2 weeks (booked)