

# Tarregower Remedial Massage

## CLIENT RECORD: Follow-up Consultation

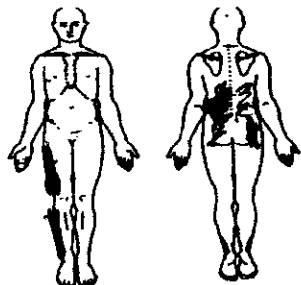
Last Name: McLean First Name: Nail

Date 11/2/23

Area Being Treated LB/Hips/leg • Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y  
If yes \_\_\_\_\_

Response to previous treatment (+ve, -ve/ISQ): fine



① Glute Med ✓ painful  
No MOT

② QL / Glute Me

③ ITB - ~~stiff~~  
→ Peroneus long. ✓

### Client consent for treatment

Please sign \_\_\_\_\_

Date

11-2-23

### OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests):
Palpatory Assessment:	
Treatment: <u>MFT TLF, QL, Glute Med, Glute Max</u> <u>H/S, Glute Med, Soleus, Tib. Ant</u> <u>Peroneus longus.</u> <u>DLP MTRP - Piriformis</u>	Advice & Corrective Exercises: <u>Piriformis stretch</u> <u>Heel raises</u>
Reassessment & Postural Improvements: *	

Next Treatment/Management Plan: 2 weeks (booked)