Tarrengower Remedial Massage

CLIENT RECORD: Follow-up Consultation

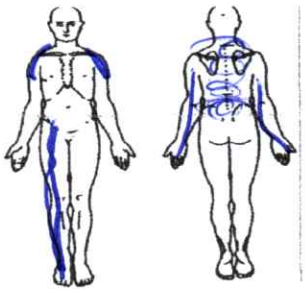
Last Name: Svensen First Name: Leigh Date 21/8/23.

Area Being Treated LT/HIPS/ITB

Has your Clinical Impression changed? Y (N)
If yes

Response to previous treatment (+'ve, -'ve ISQ): +VE

Current Presentation LOOTRADIOPS:



'Sciatica' @ Side → side & foot
LBP
Neural pain in arms.

Client consent for treatment

Please sign Leigh Date 21.08.23.

OBJECTIVE EXAMINATION:

Observation:

Palpatory **Assessment:**

Treatment:
MFTT GL, Glute Med, Max
DIP Piriformis
MFTT H/S
Cupping ITB.

Reassessment & Postural **Improvements:**
SLR L 95° R (Spring)
R 90° R (Spring)
HIP Flex L 110° R (Spring)
R 100° R (Spring) Ext Rot

Motion tests (Active, Passive, Resisted, Special Tests):
SLR L 85° R (Spring)
R 80° R (Spring)
HIP Flex L 100° R (Spring)
R 95° R (Spring) - Ext Rot

Advice & Corrective Exercises:
Hip Flex / Stretch
Glute Stretch - supine
Piriformis stretch - seated

Next Treatment/Management Plan: as needed
→ arms next