

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: Svensson First Name: Leigh

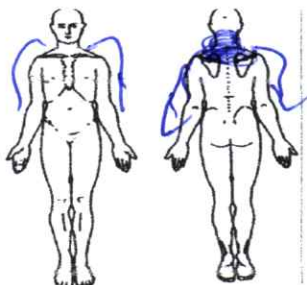
Date 20/5/23

Area Being Treated Cx/Shoulders Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y/N

If yes _____

Response to previous treatment (+ve, -ve/SQ): +ve



Upper Cx
Back Pain/Shoulders
→ interrupted sleep
→ some pain relief
radiating down arms

Cx 3-6?
occasional headache

Client consent for treatment

Please sign Leigh

Date 20/5/23

OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): Cx Rotn L 45° P, @ U/R R 50° S, @ Post Scalene
Palpatory Assessment:	Cx LatFlex L 10° S, @ Lev Scap R 10° S, @ Lev Scap
Treatment: MFR. longissimus, semispinalis Infra Spinalis, Supra Spinalis, U/R Lev Scap. Scalenus Cx Joint Mob	Advice & Corrective Exercises: Cx Stretch - daily
Reassessment & Postural Improvements: Cx Rotn L 50° P, @ U/R R 60° S, @ Lev Scap	

Next Treatment/Management Plan: as needed