Tarrengower Remedial Massage

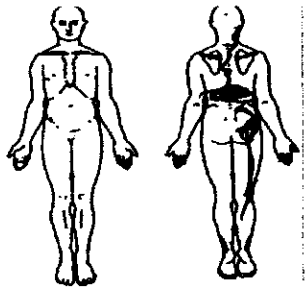
CLIENT RECORD: Follow-up Consultation

Last Name: McShanag First Name: Lynn Date 8/3/23

Area Being Treated _____ Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y (N)
If yes _____

Response to previous treatment (+'ve, -'ve ISQ): T've



Codeine this Cm
① LBP - Reaching
Glute Med?
Piriformis → H/S.
~~Strong~~ dull ache ↓
R leg.
② ® Cx.

Client consent for treatment

Please sign _____ Date

OBJECTIVE EXAMINATION:

Observation:
Cx Tilt ⓛ (slight)

Palpatory **Assessment:**
Tender T1-7

Treatment:
MFTT: ESG, U/T, LevScap, Post Scalene, QL, Glute Med Glute Max, H/S. DIP MTRP - LevScap, Piriformis Cx Joint Mob. Glute Med

Reassessment & Postural **Improvements:**
Cx Rotn L 80° PB
R 80° PB.
Lx Flex Dem ↓ Rne S, @ H/S

Motion tests (Active, Passive, Resisted, Special Tests):
Lx Flex Knee S, @ Glute Med.
Cx Rotn ⓛ 70° S, @ U/T
R 65° S, @ Post ~~Sca~~ Scalene
SLR R 60° S, @ Glute Med
L 70° PB.

Advice & Corrective Exercises:
Supine Glute Stretch
Piriformis - add QL

Next Treatment/Management Plan: When needed