

Tarregower Remedial Massage

From: Squarespace <form-submission@squarespace.info>
Sent: Monday, 13 June 2022 9:52 AM
To: tarregowerrm@gmail.com
Subject: Form Submission - Client History Form

Sent via form submission from [Tarregower Remedial Massage](#)

Name: Lynn McShanag

Identify as: Female

Email: lynndidge@gmail.com

Phone: 0488959726

Date of Birth: 1/26/1962

Occupation: community worker

Sports / activities: Tia Chi, dancing

Health fund: EML work cover

Private health extras cover?: Yes

Emergency Contact Name: David Bretherton

Emergency contact phone: 0409858307

Do you have any limitations for treatment?: No

What are your expectations for treatment?: deep tissue stimulation for better blood flow to painful areas and pressure point release in tight knotted muscles. I expect this to offer relief of chronic pain but not to act as a cure but a maintenance treatment

Is there a possibility that you are pregnant?: No

Varicose Veins: Yes ✓

Sunburn: No

Recent surgery / scar tissue: No

Major operations / accidents: Yes Car accident 7yrs ago - Multiple Pelvic Fractures

Inflamed / painful areas: Yes Shoulder @, Pelvis. - R Shoulder - Ad caps.

High / low blood pressure: No

Circulatory disorders: No

Supplements: Yes

Vit. C., D, Magnesium; Poppy Seed

Neck / spine injury: Yes

✓ car accidents

Arthritis: No

Skin Diseases: No

Allergies: No

Diabetes: No

DVT / blood clots: No

Fractures / dislocations: Yes

✓

Raised temperature: No

Headaches / migraines: No

Strains / sprains: No

Cancer: No

Infectious conditions: No

Medications: Yes

codeine 30mg/day

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