

Client Intake Form - Herbs / Yoga Therapy

Appointment Date/time: Thursday June 3 2021 7pm

Contact Details

- Name: Mandy Cranridge
- Address :Glenbrook
- Occupation: Housekeeping at Leura Resort
- Email: Mandy.anne256@outlook.com
- Phone No/s 0423 942504

Presenting Problem

- Symptoms - Wisdom teeth removed March 28 - pain in back still a dull ache, even sneezing hurts. Knuckles and joints ,knees, hips and back all painful.Now mostly back - knees sore - ankles and feet fine. First lack of movements in hand - then numb forearms and hands. Hands ok now. 2 months crying - couldn't get out of bed.Then not as bad. Couple of days ago got better
- Three doctors - 1 doctor gave Tramadol script. Another two said autoimmune - RA. One gave pathology form for RA blood test. Other gave request for nerve conduction test. All three dismissed the operation as a factor. Had Xray and MRI on back all clear.
- Problem history- had no aches or pains before operation. Started straight after she woke up from anaesthetic
- Diagnosis from other health professionals - nil
- Current Medications Was on 100mg of Tramadol and it didn't help. (April) Contraceptive Pill.
- Current treatments None
- Previous treatments None
- Accidents or Injuries - No
- Other illnesses or conditions - Anxiety - not medicated but she feel it is under control. Was highly stressed prior to operation

General Health Status

- Family history- none for autoimmune
- Personal History (Childhood/Teens/Adult)- Need more
- Anxiety and/or depression - see above
- Allergies - Need more
- Menstrual cycle/PMT/pain - Need more on OCP

Lifestyle

- Exercise - no exercise - too painful
- Eating - good appetite
- Sleep 7-8 hours f good sleep
- Family situation lives with mum. Parents separated
- Activities
- Relaxation

General

- Significant Life Events - Dad left when a baby
- What do you hope to get from our sessions?