

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: GLEESON First Name: Fran

Date 7/10/22

Area Being Treated hips, LEGS.

Current Presentation LOOTRADIOPS:

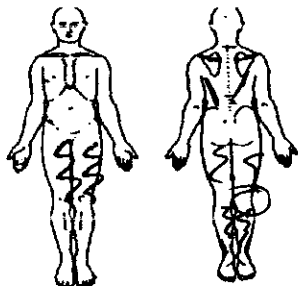
Has your Clinical Impression

changed? (N)

If yes _____

Response to previous treatment

(+ve, -ve, SQ): +ive



@ Pop fossa
radiating ↓
Lat Dorsi
Deltoids B/L
Biceps long head
Pec Fem

Client consent for treatment

Please sign

[Signature]

Date 7/10

OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): <u>Hawkins Kennedy - 1/2</u> <u>Empty can - 1/2</u> <u>HIP FLEX</u>
Palpatory Assessment: <u>Hyper tonic @ VAS LAT.</u> <u>→ CUPPING → PAIN++</u>	
Treatment: <u>MIET LAT DORSI, TERES Min,</u> <u>SUPRASPINATUS, Deltoids,</u> <u>CASROD, SOLEUS, H/S VASUS</u> <u>DIP MT, P-Supra, VAS LAT.</u> <u>CUPPING VAS LAT - BILAT.</u>	Advice & Corrective Exercises: <u>QUAD Stretch</u> <u>Piri Stretch</u>
Reassessment & Postural Improvements:	

Next Treatment/Management Plan:

Fran to check Painful sport on
@ VAS LAT (Mid)
2-weeks (Booked) - Pec Maj / Min