

LifeSpan Medicine Australia
% Queensland Allergy Services
Suite 4, Level 5
Pacific Private Clinic
123 Nerang Street, Southport
admin@drolivialesslar.com

3 Feb 2024

Re: Nick Bell

23 Cosham Street, Brighton 3186, Victoria, Australia

0420244738

DOB 14th August 1980

Medicare Number: 3342391876 (1) Exp: 07/2026

To: Dr Chris Neil

Heartwise, 58A Whitehorse Rd Deepdene

VICTORIA 3103 AUSTRALIA

Thank you for seeing Nick who suffered A Fib after his Pfizer vaccine. Attached with this referral are his jab dates.

These are what he self-prescribed to help with s protein issues:

## The advice he is following:

https://www.linkedin.com/posts/twc-wellness-company\_spike-protein-detox-dr-peter-mccullough-activity-7092562751264333824-XYrL?utm\_source=share&utm\_medium=member\_desktop
The 3 supplements he is taking:

https://au.therastore.co/buy-supplement/doctors-best/nattokinase/ 2 capsules daily https://au.therastore.co/buy-supplement/doctors-best/quercetin-bromelain/ 1 capsule daily https://au.therastore.co/buy-supplement/gaia-herbs/turmeric-supreme-extra-strength/ 2 capsules daily

## I have added:

- RN Labs Acetyl Carnitine Powder 2 g daily
- RN Labs BioActive B-Complex 1 capsule daily
- RN Labs Lipotropex 3 g daily
- He was taking high dose vit D, I have asked him to drop to 2000/3000IU and GET SUNLIGHT
- BiOptimisers Magnesium Breakthrough from OptimOZ.com.au
- Food-derived spermidine is from <a href="https://oxfordhealthspan.com/pages/our-story">https://oxfordhealthspan.com/pages/our-story</a>
- Zeolite <a href="https://zeonatural.com/products/zeolite-powder-with-fulvic-humic-complex">https://zeonatural.com/products/zeolite-powder-with-fulvic-humic-complex</a>
- Lumbrokinase <a href="https://canadarna.com/pages/boluoke-intro?view=product-info">https://canadarna.com/pages/boluoke-intro?view=product-info</a>. I have advised that he can take Lumbrokinase and Nattokinase at the same time.



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His cardiologist put him on Beta blockers, PCSK9 inhibitor (injection once per month), Perindopril and blood thinners, although I spoke to Nick a couple of days ago and he said that the cardiologist was pulling him off all the meds.

I am hoping for you to continue monitoring Nick as you are vaccine-informed.

Regards,

Dr Olivia Lesslar

MBBS, BIR

Provider number 4932129L

Adjunct Senior Lecturer

National Centre for Neuroimmunology and Emerging Disease

Menzies Health Institute, Griffith University