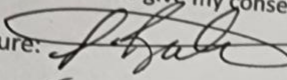


DISCLAIMER ACKNOWLEDGEMENT

I, Sabrina Batshe

..... of my own volition will be giving my full medical case history for the purposes of Homeopathic medical advice. I fully acknowledge the entire Anamnesis will be recorded and I give my complete consent for it to be used in future for teaching purposes.

I hereby agree and give my consent to all above terms.

Signature: 

Name: SABRINA BATSHI

Address: 52 Slannon Avenue Newlands 2160 .

Date: 15.1.24

MAIN COMPLAINTS AND OTHER ASSOCIATED TROUBLES: (AND DETAILED HISTORY
OF THE PRESENT ILLNESS, THE ONSET AND COURSE WITH DATES).

I've been having the fear of being
alone - since I can remember
OCD - cleaning since I can remember
Terrified when no one is around
I've had a lot of exposure to DV -
and felt surge most of my life
if not my family, my boyfriends
would Rape or hit me.

ORIGIN OF CAUSE : Can you trace the origin of the present illness to any particular
circumstance, accident, illness, incident or mental upset? (e.g. Shock, worry, errors in diet,
overexertion, overexposure to cold, heat etc.)?

* Vaccination & Inoculations:

Indicate number of times you were vaccinated for the following:

Small-pox	☒	Polio	☒	Cholera	☒	Measles	☒
Triple	☒	B. C. G.	☒	Typhoid	☒	Tetanus	☒

Was there any reaction or particular trouble after any of above vaccination or inoculations?
Give details: NO

(If married) How is the health of your husband/wife:

1 dentaxer w/ Ex 1 dont know

* Number of children living and dead. If dead, state causes.
Mention ages of children and their condition of health.

Child's Name	Male/Female	Age	Disease Suffered
ERIC	male	6	-

Any abortions, miscarriages or still births?

yes - 1 miscarriage 1 Abortion 2 failed 1st attempt

Your Habits	How much?
Smoking	<u>little bit -</u>
Snuff	
Chewing tobacco	
Alcohol	
Tea	<u>yes</u>
Sleeping Pills	<u>yes not now -</u>
Laxatives / Purgatives	<u>yes</u>

Did you suffer from any sexually transmitted disease? Syphilis? Gonorrhoea? Herpes?
HIV? NO

Did you have increased desire or decreased desire for sex? lately increase -

What is the method you use for family planning (contraception)? nothing

FOR MEN

Any difficulty in erection?

Wanted erection? Unwanted erection? Weak erection? Failing erection? Describe.

Any other trouble in sex? Describe in details.

FOR WOMEN

Menses: How are the periods; regular or irregular?

At what age did you start? 14

Was there any trouble then? no

Mention interval between two periods.

Mention number of days of flow. 4 days maximum -

Menstrual flow: Is there any change now in quantity, colour, smell or consistency? clots sometimes

Are the stains difficult to wash? no -

Have you noticed any variation in quality and quantity of flow during menses? How and when? changes -

Do you suffer in any way before, during or after menses? If so, describe: terribly, no sleep, anxiety, terrible panic attacks, anger -

What symptoms did you suffer during menopause?

Do you feel internal parts coming down?

Chronic
 Headaches
 Numbness
 Cramps, Fits,
 Convulsions, Polio,
 Paralysis etc. Meningitis
 Any Lumbar puncture done.

Any major accident or injury to body or head.
 Any occasion of unconsciousness.
 Any major bleeding from any part of the body.
 Any other -
 Partner -

Skin diseases like Pimples, Boils, Carbuncles, Ringworms, Fungus, Scabies, Eczema, Herpes, Urticaria, Allergy, Ulcers on any part of the body.
 Poles + Area + Bush.

Recipient of a bite
 Retained part of head embedded on concrete

* Head put in bath by mother
 * Punctured in the eye -
 * I also self harmed + cut myself.
 * Many bruises during Domestic violence

Day? month?
 Cash? Proof?

List of major diseases
Anaemia
Cancer
Diabetes
Insanity
Rheumatism
T. B. / Pleurisy
Leprosy
Epilepsy / Fits
Bleeding tendency
Urticaria
Eczema
Asthma
Paralysis
Hypertension
Heart trouble
Kidney disease
Liver disease etc.

FAMILY INFORMATION

Relationship	Alive / Dead	Age	Diseases suffered	Cause of death
Paternal Grand Father	Dead	50's	heart attack	
Paternal Grand Mother	Dead	70	stroke	
Maternal Grand Father	Dead			
Maternal Grand Mother	Dead			
Father	Alive	60's		
Mother	Alive	70's		
Diseases suffered				
Paternal Uncle				
Paternal Aunts				
Maternal Uncle				
Maternal Aunts				
Cousin Brother &				
Cousin Brother &				
Did any of your relatives have trouble similar to	Breast cancer			

STOOL

Do you have any problem regarding your stools? *constipation hemorrhoids -*

When and how many times a day you pass stools? When is it urgent? *Once if lucky*

Do you have any problem about bowel movements? *yes -*

Do you have to strain for stool? Even if soft? *yes I strain or have diarrhea*

Do you have belching or passing gas? Describe its character. *yes at times Gas -*

How do you feel after passing gas up or down? *better -*

URINATION & URINE

Any problem about urine? *yes -*

Any strong smell? Like what? *not always*

Do you have any trouble before, during and after passing urine? *terrible pain*

Any difficulty about the flow? Slow to start, interrupted, feeble, dribbling etc? *I leak -*

Any involuntary urination? When? *I pee on myself sometime*

when I'm nervous - I feel a pressure
also because I feel I'm not finished -

SWEAT / PERSPIRATION - FEVER - CHILL

How much do you sweat? *not much -*

Where and on what part do you sweat most?

Do you perspire on the palms or soles? *sometimes*

Is the sweat warm, cold, clammy, sticky, musty, greasy, stiffens the linen etc?

What is the smell like? e.g. foul, pungent, sour, ruinous etc? *○*

Is there any white discharge?

If so, mention the nature, colour, consistency and smell of discharge. *ivory*

When and under what circumstances is it more or less. Has the discharge any relation to menses? *ovulation*

What is the effect of this discharge on your general feeling? Or any of your symptoms? *feel sexual and dirty*

Any itching, excoriation etc. due to discharge? Do you pass any gas from vagina? *didn't know that was possible -*

Any trouble with breasts? *no other than tenderness -*

ANY COMPLAINTS ABOUT:

VERTIGO: Do you have giddiness - vertigo? *Yes*

FAINTNESS: Do you ever feel faint? *yes*

HEAD: Do you get headaches? EYES & VISION: *yes*

EARS & Sense of hearing: NOSE & Sense of smell: FACE & Facial expression:

MOUTH & Sense of taste:

About LIPS, MOUTH, TONGUE etc.: *has white on tongue sometimes*

TEETH, GUMS, e.g. carious teeth, bleeding gums, swollen gums. *have experienced it -*

LIPS: Cracked, peeling of skin etc.

THROAT (including tonsils): *tonsillitis - Adenoids Removed -*
Any difficulty in swallowing?

Do you have any trouble in your BACK, LIMBS OR JOINTS? Describe in detail: *pain in hips + back -*

If you have pains, do they shift?

In what direction do they extend?

MALE
Is there any abnormality, swelling, numbness, paralysis etc. in any part of the body?

Is there any complaint of SKIN : such as itching, eruptions, ulcers, warts, corns, peeling etc.? (Describe its nature) *I have alot of cysts -*

Any change in colour of the skin or spots of any part of the body?

Is there any complaint or abnormality of the NAILS or skins around? *nail on toe fell off
nittle toe -*

Is there any complaint with the HAIR such as falling, graying, dandruff, dryness, oily, *feel Im
losing hair
becoming less -*
poor excessive or unusual growth?

☒ Do wounds heal slowly?

☒ Form keloid? ☒ Do wounds tend to form pus? *no*

Have you a tendency to bleed? *yes -*

Are your troubles one sided? Which one? Or more on one side? *?*

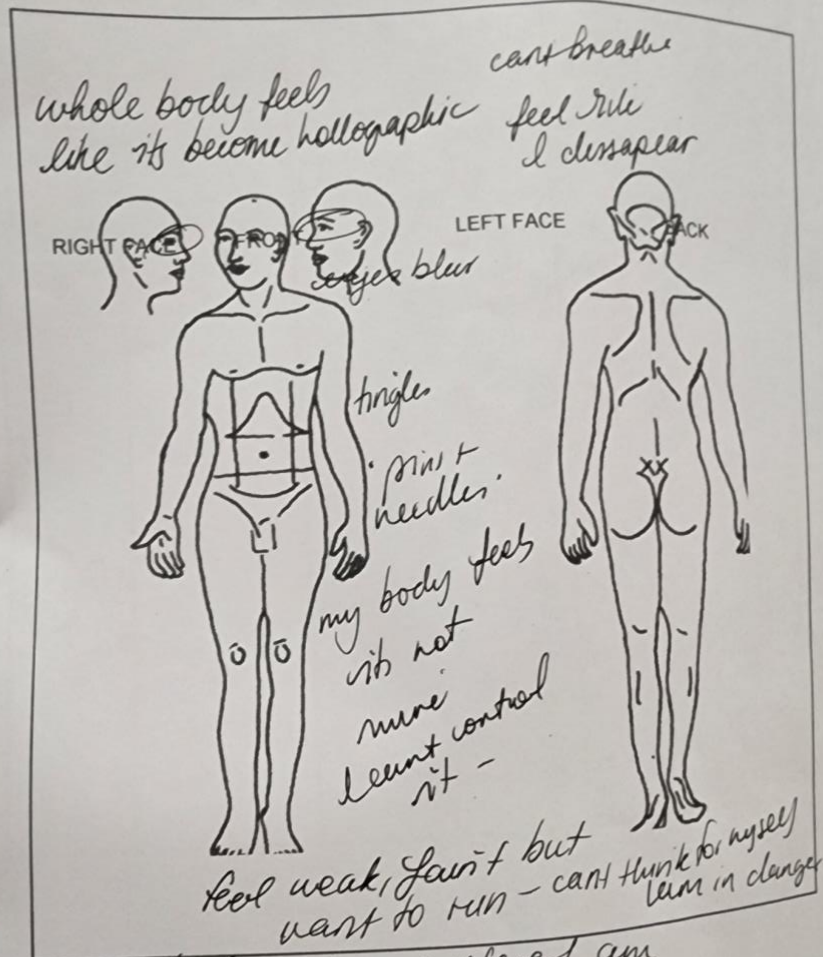
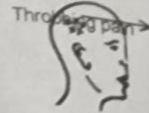
Do they proceed from one to the other side? Or do they alternate or shift?

Is there any trembling? When? *yes -*

Is there any senses of weakness? Where? When is it more or less? *yes -*

Is it in any particular part of the body?

figure, the locations of your trouble and write the exact sensation or type of pain you experience at those spots. For example if you have throbbing pain on the right side of you head please mark as shown



I need to feel someone where I am
or I am unsafe -

It's my fault if something happens to me
because no one knows where I am
what if I jump in front of a car
or die - what if I collapse and I can't
get back home?

FOR CHILDREN
OR
YOU AS A CHILD (IN CASE OF ADULT)

- 1) Please tick mark once (✓) if the child or you as child had any of the following qualities : Tick mark twice (✓✓) if they are more intense :

	Tick here		Tick here
Obstinacy	✓	Unusual fears	✓✓
Temper tantrums		Shyness	
Disobedience		Unusual attachments (to whom)	<i>mom</i>
Aggression		Habits like :-	<i>ticks, cleaning</i>
Hyperactivity		Biting nails	
Destructiveness		Thumb sucking	
Courage		Picking and playing with	<i>myself genital</i>
Possessiveness	✓	(a) mother's body parts	
Competition - winning spirit	✓	(b) shawls, handkerchieves	
Sibling jealousy	✓	(c) anything else	
Any special skills		Religious	
Unusual desires (for what)	✓✓	Dullness of memory	
Boasting		Slowness (in what)	<i>getting ready</i>
Stealing	✓	Laziness / Indolence	✓✓
Telling lies		Sensitive / Emotional	

- 2) Please write in detail, if the mother suffered from any physical or emotional stress during pregnancy. Also describe the dreams the mother got during pregnancy.
- 3) Please describe any other aspects you feel are striking about the child.

MIND

It is now universally acknowledged that your mind has tremendous influence on your body. For giving proper treatment it is absolutely necessary for us to understand your emotional and intellectual nature. We can thus treat you as a whole.

In order to understand you we will be asking certain questions. Answer them freely, carefully and completely. This information will help us much in giving you the correct remedy. Also such a remedy will help improve your mental make up.

Answer freely. Answer frankly. Answer completely.

Are you anxious? About which matters? *hurting my son with my illness
damaging his nervous system -
being alone, parenting, aging
being abandoned, my ex, my parents loving or controlling
we -*

Are you fearful of anything such as animals, people being alone, darkness, death, disease,
robbers, sudden noises, thunder, of the future, of something unknown, high places, etc? *✓*

Are you doubtful or suspicious? Of what? *cheating, men -*

What are you jealous about? *other people's freedom + success I can't
have + beauty -*

Of whom? From what symptoms do you suffer when jealousy?

In which matter are you impatient? Hurried? *I feel
impatient always,*

How long do you remember hurts caused to you by others? *never forget*

How much revengeful are you? *less than I used to be -*

What are you proud of? Does your pride get easily hurt? *✓ yes
not much -*

Machine 2 failed 1st attempt

pulsations speedy thought

What bodily symptoms do you develop when angry? e.g. trembling, sweating etc.

Do you like company? Or like to remain alone? *not too much -*

How seriously are you affected by disorder and uncleanness in your surrounding? Very —

greatly impacted - confusion

What are the greatest griefs that you have gone through in your life? *losing urgency to*

What are the greatest joys that you have had in life? *It's love, losing, Sean*

meeting my ex - and our good times. We, losing my sister -

What activities you deeply like? Card playing, my son - football due to her

Are there any matters which you deeply dislike? *reading* *pregnant* *test* *husband*

In your opinion, which aspects of your mind and moods are not agreeable to you? In

spite of your awareness and maturity, are you unable to change these aspects?

The Fears that keeps me Reliant on others
I cannot change that!

I cannot charge that!

Give a clear cut picture of your situation in life and your relationship with each of your family members, friends and associates in work.

mother - true wife he. but feel estranged —

father $\rightarrow$ Re same but dependent on him -

Sister both hairs dont like them

Brothers - Don't Deal with much -

Brothers - Don't Deal with me
Son - lives with me - feel gisty - because he
deserves better than me -

support workers are with us more than anyone -

How does the future look to you? *Many -*

How does the future look to you? *Scary -*

When you are free, what thoughts come to your mind? *when I read a book
I feel like sometimes -*

I feel all sometimes,

Are you worried or unhappy over any personal, domestic, economical, social or any other condition?

If so describe in detail:

~~Yes~~ I can't live alone I rely on unhealthy people the father of my child doesn't contribute at all to my life raising our son - lost my career - I lost a social life I can't even take my son for a walk alone, I need carers to go out I can't date or even have sex because I can't be alone with men -

If asked for 3 desires or wishes in life, what will you ask for?

to reconcile with my abusive Ex - I know I'm stupid / don't judge me
SLEEP to have a miracle + be able to sleep + be alone - (I judge myself enough -

Describe your posture in sleep, on the back, side, abdomen etc.

back + left side -

Are you able to sleep in any position? no -

In which position you can't sleep? on my tummy

During sleep do you:

Snore? Grind teeth? Dribble saliva? Sweat?

Keep eyes or mouth open? Walk? Talk? Moan? Weep? I don't know -

Become restless? Wake up with a jerk? yes) ✓

Describe if anything else is unusual about your sleep: (Sleepy, Sleeplessness, etc. if so when)

Sleepers - partner need people to be on the phone for me to sleep like have someone available for a call -

How much do you cover?

Do you have to uncover any parts? always my private parts

Depress, Brooding, etc.?

Do you ever become suicidal? When? *I have been / can't now / have a son -*

If so in what manner do you contemplate to end your life? *cut my wrist or have someone kill me*

Even then, are you afraid of dying? *Yes -* *drive my car into something.*

When are you cheerful? *when I'm doing magic or hate my son proud or act brave -*

Are you sexual-minded? *Singing during being desirable.*

Any unwanted thoughts any time? *Yes -*

What are they? *hurting myself or others -*

Have you any imaginary sensations or fears? *Yes me losing my son - or being trapped or becoming a*

Do you hear voices, or that you are called, or anything else in this line keeps on occurring in your mind unduly? *monks myself.*

How is your memory? *too good -*

For what is it poor? E.g. names, places, faces, what you have read, etc.

Do you weep easily? *no -*

What makes you weep? *human being selfish or children being hurt*

How do you feel after weeping? *depends -*

How do you feel if someone offers sympathy and consolation? *depends on who it is*

Are you easily irritated? *yes*

What makes you angry? *lying - and deflecting accountability.*

*Gas lighting
people choosing wrong action
after being fully informed of
something*

Circle types of dream that you have

<u>Animals</u> Cats - Dogs Horse Wild animals <u>Snakes</u>	<u>Robbers</u> Thieves <u>Anxious</u> <u>Fearful</u> Ghosts	<u>Travelling</u> Riding <u>Flying</u> Swimming Drowning	<u>Houses</u> Fruit s Tree s Water r Snow	<u>Death</u>, <i>family member</i> Whose? Dead bodies <u>Dead</u> persons Part of Body Suicide
Being Hungry Being Thirsty Drinking Eating	Fire Lightning Storm <u>Rain</u> <i>flood</i>	Accidents Falling Shooting g Wars	Talking <u>Singing</u> <u>Dancing</u> ng Pleasant	Business Money Day's work <u>Forgotten work</u>
Vomiting Passing stool Urinating Blood-bleeding Excrements / soiling	Romantic <u>Sexual Pleasure</u> Rape Nakedness	Pain Illness Sickness s Mutilations	Praying g Religious Temple e Church h God	Failure / Exams Unsuccessful efforts ? For what ? Missing Train Being unprepared

4) Describe one incident from the child's life when he/she very upset.

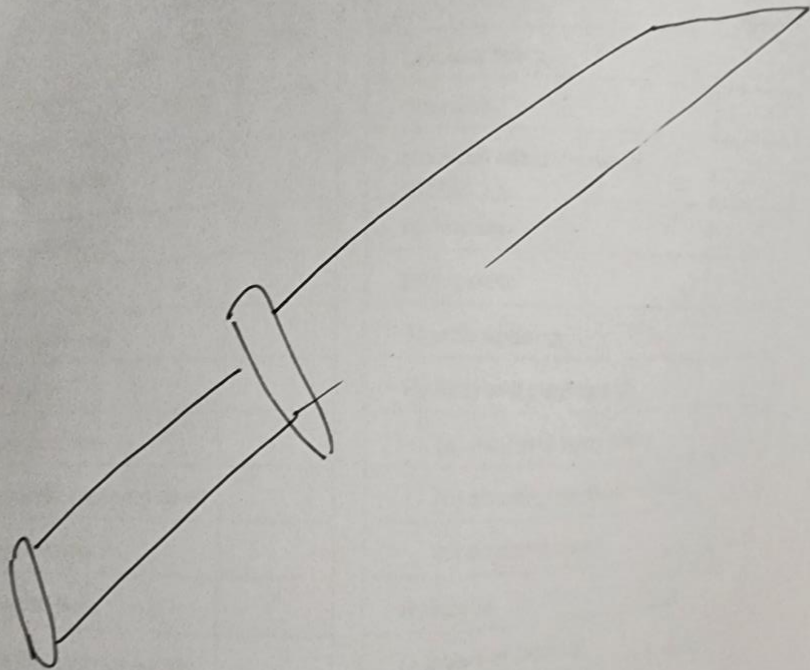
many times
when my brother hurt me
my mum screaming at me
pulling my hair
my mum called me a witch, evil
my brother in law molested me and I
was blamed

my mum scared me washing my hair
putting face in water pulling hair -

Grief	Police	Misfortunes	If any other, specify in the space below:
Weeping	Imprisonment	Insecurity	
Vexation	Crime	Danger	
Quarrels	Murder	Being pursued	
Jealousy	Killing	- By whom ?	
Insults	Poison	- For what ?	
Of people	Of events	Physical Exertion	
Children	Remote	Mental Exertion	
Parties	Recent	Fatigue	
Feasts	s	Coloured	
Marriage	Future	Multi-Coloured	
	Prophetic		

they have happened

Please draw something that comes to your mind at present or your favourite drawing:



What colour does it stain the clothing?
Is the stain ~~easy~~ to wash off or difficult?

Any symptoms after sweating?

When do you get fever or chill? What brings it on? *when I'm sick or nervous*

Do you experience any sense of heat or cold in any part of your body at any particular time? *yes it varies -*

Do you have burning or heat in your palms or soles? *sometimes -*

CHEST - HEAT - COLD - COUGH

Do you catch cold often? If so, how? *no -*

Describe the symptoms, nature of discharge etc.

Is there any trouble with your CHEST or HEART? Is there any trouble with your voice or speech? *I lose it from screaming*

Is there any difficulty in breathing? *sometimes I have asthma -*

Do you have cough? *sometimes*

Is it more at any particular time? *when asthma is flared -*

SEXUAL SPHERE (GENERAL)

Any excessive indulgence in sex in past and present? *yes*

Any effect on your health? *urinary tract infection*

How do you feel after sexual intercourse? *sometimes Good mostly shameful*

Any particular feeling or symptoms appear before, during or after sexual intercourse?

Do you suffer from any sexual disturbance?

Any habit like (masturbation etc.) in past as well as present? How often? *lately yes -*

FACTORS THAT AFFECT YOU

Below are the list of things that you are exposed to each of these factors may affect you in a particular way. Please write in what way you are affected by each of the following. Do you feel worse or better in any way from each of the factors. In what way do they affect you.

For instance take the factor "sun". Suppose by going in the sun you get a headache then write "Headache" opposite to "Sun".

Take another example If in hot weather you feel uneasy, then write "Uneasy" opposite to "Hot Weather" in the column.

In this way write the effect of each factor on you. Especially write the effect each factor has on your main complaints. For instance if your main complaint is Asthma and this is worse when lying on the back then opposite to "lying on the back" write "Asthma becomes worse".

Sometimes one factor may make you feel worse in some respect, and better in some other respect. For instance cold air may cause headache but make you feel better in general. If this is so, please mention this difference clearly.

This section is most important. Do not go through it hurriedly. Think carefully about the effect of each factor before you write.

	Effect
Hot weather	hate it / panic
Cold weather	love it
Rainy weather	love it
Cloudy weather	depression
Change of season	anxiety
Thunder - storm	used to panic
Covering	?
Warm bath	hate it
Sun	hate it.

	Effect
Walking	Scared of distance -
Running	
Climbing stairs	ok.
Going downstairs	ok.
Riding in bus car	ok. don't do public transport.
Lying	sometimes difficult
Lying on back	
Lying on left side	beepi
Lying on right side	Don't like it
Lying on abdomen	Don't

	Effect
Before important engagement	nervous -
Before exams	nervous -
When angry	panicked -
When worried	panicked -
When sad	panicked -
After Weeping	relief hopeful
Consolation / Sympathy	feel it always
In a crowd	hate it
In a closed room	hate it
When thinking of illness	scared -
Full Moon / New Moon	use it for ritual -
Morning	nervous - hopeful
Afternoon	remains for night
Evening	Panick
Night	Panick
Bathing	nervous -
Draft air	ok -
Biting or chewing	don't love
Blowing Nose	hate it
When alone	scared
In company	ok depend on who
Physical exertion	?
Belching	hate it

	Effect
Passing gas	embarrassed -
After hair cut	nervous but ok sometimes
Combina hair	I don't like it
Brushing teeth	it's a chore -
Moonlight	love it
Opening the mouth	?
Smoking	no -
Handling the limbs	?
Raising the arms	hard -
Near Sea	nice -
Shaving	ok
Stretching	work -
Swallowing	easy
Listening to others	ok
Vomiting	hate it
Yawning	ok -
Moving the eyes	depends -
Opening the eyes	ness as ay
Closing the eyes	scared
Getting feet wet	depends -
Over eating	Sick
Working in water	?
Fanning	

	Effect
Lying with head low	
Sitting	
Sitting erect	uncomfortable
Standing	not too long
Looking up	I don't do it much -
Looking down	?
Looking from high places	don't like it -
Looking from moving object	don't like it can sick
Noise	Too loud scares me -
Sudden Noise	scares me -
Music	like it -
Light	can be scary!
Strong smells	headache -
When constipated	
Before Urine	?
During Urine	.
After Urine	
Before Menses	
During Menses	
After Menses	
After Sweating	

	Effect
Drinking	
After sexual	
Dust	
Smoke	
Touch	
Pressure	love them
Massage	Don't like it
Tight Clothes	scared
Before Sleep	wake up -
During Sleep	retief -
After Sleep	would like it
After afternoon nap	
Loss of sleep	regular -
Before stools	sick
During stools	pain dirty -
After stools	sick
Coughing	sick
Sneezing	sawed my eyes closing when I laugh -
Laughing	
Talking	depends -
Reading	love it -
Writing	do it alot
Stooping	

Coffee			✓
Mud / Chalk			✓

Fruits	✓		
Anything else			

* Number of children living
Mention ages of children and their condition of health

Child's Name	Male/Female	Age	Disease Suffered
	MALE	6	—

Cold bathing	Cold Showers	✓✓
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Speaking	
----------	--

Tick mark (ü) if any animal bites such as:

Dog	
-----	--

Rat	
-----	--

Snake	
-------	--

Scorpion	
----------	--

Mention if any order:

Did you take anti-rabies or anti-venom or any other treatment?