

Result Date: 13 December 2023 15:55 AEDT
Result Status: Auth (Verified)
Result Title: Discharge Summary
Verified By: Abdulla, Manjoor (Specialist Medical Officer) on 13 December 2023 15:59 AEDT
Encounter info: 15570374, NBM MENTAL HEALTH, Community, 27-11-2023 -

Consultant	Registrar	JMO	Admission Date	Discharge Date	Additional Copies
			27-NOV-2023	13-DEC-2023	

Nominated Primary Healthcare Provider	NASR, TALEB TOBY, Toongabbie Medical Centre, 135 Metella Road, TOONGABBIE-2146
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Dear Dr ,

Thank you for reviewing Lawrence ATTARD a 59 year old male discharged from NE CHC.MH Plains Access.

Recommendations

Discharge Plan

Continue Duloxetine to 120mg PO OD
Recommended continuing ongoing psychological intervention
Discussed contingency plans in case of worsening of risks or mental state or rerefer to Plains ACCESS
Please monitor for progress mental state, compliance with medication, tolerance and risks
Follow up with GP

Diagnosis and Past Medical History

Diagnoses

Principal

Additional

Past Medical History

Ongoing

No qualifying data

Historical

No qualifying data

Operations and Procedures

Clinical Summary

Specialty Specific Information

Referral

MH practitioner from Windsor referred Lawrence following expressing suicidal ideations

History of presenting illness

Had been seeing counsellor for long term for trauma issues from childhood and psychological issues associated with it.

He had his birthday last week which triggered his worsening of his mental state. Going through multiple social stressors

- Financial stress. In debt for around 500,000. Reported he is at risk of losing his possessions. He is thinking of selling his motor bike and boat. He might also have to sell his house to cover the costs.
- Interpersonal issues with dad and other family members associated with trauma from his childhood. He is upset that the court case outcome was a setback for him
- Physical health issues – chronic pain issues
- Difficulty in working as a plumber

He reported he was on a roller coaster recently.

Reported ongoing issues with low mood, mood swings, disturbances in sleep, concentration, motivation and enjoying activities. He reported normal appetite. Also reported ideas of hopelessness, helplessness and worthlessness.

No psychotic features.

Admitted to fleeting suicidal ideations. Currently guaranteeing his safety. However, reported he was suicidal last week and 2 days ago.

He is currently taking Duloxetine 90mg

Currently living with his wife of 39 years. Good relationship with wife. However had been having regular conflicts with her regarding the financial worries. He has 4 grown up children who are living independently. He was not so sure about how good was the relationship with them.

Substance misuse history

His wife reported that he had been drinking more these days.

Lawrence denied drinking heavily regularly. Admitted to having couple of days to drink heavily. Denied using any illicit substances or smoking

Progress

He was reviewed at Plains ACCESS OPA and Duloxetine was increased to 120mg. He was further reviewed on 13th of December.

He reported some improvement in his mental state and tolerating the increase in medications. He had commenced on psychological intervention

Agreed for discharge back to GP

Past Psychiatric History

He has had multiple admissions with suicidal ideations and low mood in the past and had been tried on various antidepressants.

Documented diagnoses of complex PTSD, chronic suicidal ideation, depression.

Physical health issues

Chronic pain issues related knee, back, elbow. This was following a MBA in 2017.

MSE

Wearing casuals, average built 59 year old of Maltese origin

Cooperative and engaging

Good eye contact

Good rapport

Nil agitation, retardation or restlessness

Speech was normal and coherent

Mood reported as improving and restricted affect

Nil FTD

Denied any delusions

Ideas of hopelessness, helplessness and worthlessness

No current suicidal ideations and is guaranteeing safety

No perceptual issues reported

Alert and oriented

Grossly intact cognition

Insight present

Agreeing to engage in review and follow up.

Allergies/ADR**Allergies/Adverse Drug Reactions**

Allergies not recorded

Current Medications on Discharge**Medication****Medication being taken on discharge**

Discharge Medications are not displayed. Please complete the discharge medication reconciliation.

Vaccines administered during this visit

Nil

Author

Designation: _

Name: Manjoor Abdulla

Contact#:

Provider#:

Patient Location

NBM MENTAL HEALTH NE CHC.MH Plains Access

Completed Action List:

* Perform by Abdulla, Manjoor (Specialist Medical Officer) on 13 December 2023 15:59 AEDT

* Sign by Abdulla, Manjoor (Specialist Medical Officer) on 13 December 2023 15:59 AEDT

* VERIFY by Abdulla, Manjoor (Specialist Medical Officer) on 13 December 2023 15:59 AEDT