



Freya Kelly-Wiseman

New Client Intake - Naturopathy

Date of birth 3 Oct 1993

Practitioner Kit Tomlinson

Appointment 9 Jun 2023, 11:00AM

Completed 29 May 2023, 8:06AM

Client Details

Address 4/4 Mugga Way, Tweed Heads

Date of Birth 3 Oct 1993

Occupation Support Worker

Next of Kin

Name Gerard Howard

Relationship Partner

Phone Number 0490528115

Referral Information

Referred by

- ☒ Family/friend
- ☐ Advertisement
- ☐ Walk/drive by
- ☐ Social media
- ☐ Practitioner

Health History

Have you seen a naturopath before?

- ☒ Yes
- ☐ No

What is your main presenting condition/concern today?

Lowered immunity- sick very frequently (out for about 2 weeks each time). Every time I get sick it gets so bad it calls for antibiotics/steroids. Gut problems- gut pain and constipation. Not currently trying to conceive but also interested in trying to heal for the future

Do you have any children? If yes how many and ages No

Are you trying to conceive? ☐ Yes
☒ No

Do you have any known allergies No.

Are you a smoker and/or vaper? ☒ Yes
☐ No
☐ Former

List any recent or previous surgeries or procedures you have had done

Any past or current medical diagnosis? No

Have you ever taken antibiotics ☒ Yes
☐ No

How frequently have you taken antibiotics ☐ Regular - more frequently than monthly
☒ Monthly
☒ 2-3 times per year
☐ Once per year
☐ Rarely

Are you on hormonal contraceptive? ☒ Yes
☐ No

What have you taken for contraceptive? (select all that apply) ☒ Oral contraceptive (the pill)
☐ Mini pill (progesterone only)
☐ IUD
☐ Implanon
☐ Surgical
☐ Other

Do you have any significant family medical history? Not immediate family

Medication and Supplements

What medication (including dose and frequency) are you currently taking? Levlen since 15yo (on and off for a bit)
Last naturopath recommended I go on Yasmin (have only just started- 1 month)

What supplements are you currently taking (including brand, dose and frequency) I am currently recovering from being sick. - armaforce bioceuticals
Immune defence forte- sambucol
Bio complete 3 - gundry MD (4 per day- have only started taking)
Methyl-Max - bioceuticals (1 per day)
Cats claw echine-eagle (1 per day)
Gi-revive - designs for health (1 heaped teaspoon per day)
Magnesium night plus - herbs of gold (I only take when I have foot cramps)

Declaration

I, the undersigned understand that:

The practitioner will ask a series of questions during the consultation to determine treatment plan suitability and likely causation of presenting complaints.

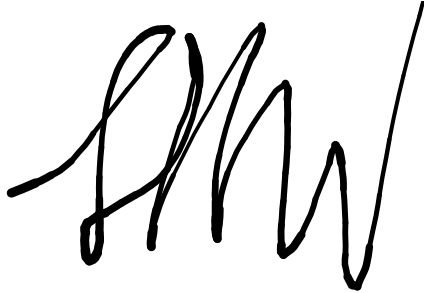
I may choose to terminate the consultation at any time, but may be required to pay in full for the consult according to the Clinic Cancellation Policy.

My health records are confidential and will be used for research and treatment purposes only. Under no circumstances will my file leave the server of The Well Collective Studio.

It may be necessary from time to time for my case to be discussed with other health professionals (e.g. general practitioners, medical specialists, and/or complementary medical practitioners) and provide my consent for part/all of my medical case notes to be released for these purposes only.

On signing, I accept and agree to the Clinic Cancellation Policy and Clinic Refund and Return Policy.

Signature

A handwritten signature in black ink, appearing to be 'FW' or similar, written in a cursive style.