



Ali Reynolds

New Client Intake - Naturopathy

Date of birth 21 May 1975

Practitioner Kit Tomlinson

Appointment 24 Apr 2023, 2:30PM

Completed 23 Apr 2023, 9:53AM

Client Details

Address 2/2 reed street

Date of Birth 21 May 1975

Occupation Author

Next of Kin

Name Jon McKenzie

Relationship boyfriend

Phone Number 0401285283

Referral Information

Referred by

- ☒ Family/friend
- ☐ Advertisement
- ☐ Walk/drive by
- ☐ Social media
- ☐ Practitioner

Health History

Have you seen a naturopath before?

- ☒ Yes
- ☐ No

What is your main presenting condition/concern today?

Pfizer vaccine injury 18 months ago and long covid. Brain fog is my worst symptom currently.
Also allergy/histamine issues: dust allergy which makes my nose run/sneezing/sinus issues.
Also had 3 UTIs over last year, e-coli infections so want to discuss /test my gut bacteria.

Do you have any children? If yes how many 2 boys, 8 and 10

and ages

Are you trying to conceive?

- ☐ Yes
☒ No

Do you have any known allergies

dust mites (moderate)
mould (mild)
sulphites, E202, E205, E220,
raw egg/soft cooked egg

Are you a smoker and/or vaper?

- ☐ Yes
☒ No
☐ Former

List any recent or previous surgeries or procedures you have had done

D+C 18mths ago.

Any past or current medical diagnosis?

diagnosed with dysautonomia/mild POTS post covid vaccine

Have you ever taken antibiotics

- ☒ Yes
☐ No

How frequently have you taken antibiotics

- ☐ Regular - more frequently than monthly
☐ Monthly
☐ 2-3 times per year
☒ Once per year
☐ Rarely

Are you on hormonal contraceptive?

- ☐ Yes
☒ No

What have you taken for contraceptive?
(select all that apply)

- ☒ Oral contraceptive (the pill)
☐ Mini pill (progesterone only)
☐ IUD
☐ Implanon
☐ Surgical
☐ Other

Do you have any significant family medical history?

None

Medication and Supplements

What medication (including dose and frequency) are you currently taking?

None

What supplements are you currently taking
(including brand, dose and frequency)

Nutralife Ester C 800g daily
Ostelin vit D3 1000IU daily
Swisse evening primrose 1g daily
Nature's own glucosamine sulphate 750mg
Bulletproof Krill Oil 1-2 daily (1200mg-2500mg)
Puritan's Pride Grapeseed Extract 200mg daily
Lifespace Probiotics, 1 daily- 11billion
Prohealth NMN 0.5g daily
VesseClearEX Nattokinase, 2000FU daily
Ethical Nutrients Mega Magnesium 1 daily

Purehealth liposomal glutathione, 0.5g, 4 times per week
Zatik naturals black seed oil, 1tsp most days
Toniq Bromelain 600g + NAC 600g taken together 5 X per week
Bulletproof coconut Charcoal binder 3 X per week
Spatone iron sachet (about 2 X per week)

Declaration

I, the undersigned understand that:

The practitioner will ask a series of questions during the consultation to determine treatment plan suitability and likely causation of presenting complaints.

I may choose to terminate the consultation at any time, but may be required to pay in full for the consult according to the Clinic Cancellation Policy.

My health records are confidential and will be used for research and treatment purposes only. Under no circumstances will my file leave the server of The Well Collective Studio.

It may be necessary from time to time for my case to be discussed with other health professionals (e.g. general practitioners, medical specialists, and/or complementary medical practitioners) and provide my consent for part/all of my medical case notes to be released for these purposes only.

On signing, I accept and agree to the Clinic Cancellation Policy and Clinic Refund and Return Policy.

Signature

A handwritten signature in black ink, appearing to read 'Ali Reynolds', with a stylized, flowing script.