

## Elizabeth Kiel G5084789

1 message

Natalie Claudio <natalieclaudiomassage@gmail.com> To: "ADDICOAT, Riyadh" < Riyadh. ADDICOAT@gio.com.au> 31 August 2023 at 19:08

Dear Riyadh

Re: Client Name: Elizabeth Kiel (DOB:12/4/1962)

Claim no G5084789

I am writing to provide you with an update concerning Elizabeth who presented for treatment for with pain in her right arm following trauma to the myelin sheath post reverse shoulder replacement.

I provided the following treatment using remedial massage techniques which were gentle gliding, positional hold, myofascial release and gentle frictional work. The pressure was in accordance to Elizabeth's pain tolerance and aimed at gently stretching areas of tension without increasing sustained pain responses

The aim was to

- 1) reduce the tension with her neck and shoulders that is caused from the position of her right shoulder and arm.
- 2) assist with the desensitisation of her right arm.

Elizabeth's tolerance to these techniques were sought during treatment.

The treatment has proved to be moderately successful with helping with her neck tension. This is not sustained post treatment. Her neural desensitisation has not been as clearly defined with improvement, as this issue has been long standing and will take more time to assess if remedial massage will help.

Upon review with Liz today at her fourth appointment, she has indicated that she would like to space her appointments to approximately monthly due to the long time that she has had her injury.

I have scheduled the appointments on 18/9(approved funding from initial approval), 5/10 and 2/11. I will assess Liz to see if she would like any more appointments on a monthly basis.

I am seeking funding for 5 more treatments. At this time Liz and I will have a more thorough treatment outcome.

If you would like further information regarding Liz' remedial massage therapy treatment, please do not hesitate to contact me.

Warm regards,

## Natalie

