

Mr David Penn MBBS (melb) FRACS
Orthopaedic Surgeon

The New Joint, 19 Lyttleton Street, 7250

Tel: 6334 8896 Fax: 6334 8892

admin@thenewjoint.com.au

Provider no. 211459LB ABN 85 145 316 561

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Dr Maria Venter
West Tamar Health
1 Windsor Drive
Riverside TAS 7250

Dear Mia

Ms Elizabeth Kiel - DOB: 12/04/62
16 Dowerin Drive, LEGANA TAS 7277

Diagnosis: **Over a year post right reverse shoulder replacement**
 Chronic regional pain syndrome right arm

Plan: **Ongoing multi-modality therapy**

In summary Elizabeth has chronic right shoulder pain, numerous surgeries for failed cuff, culminating in a reverse shoulder replacement in April of 2022. Post surgery she was noted to have a brachial plexus palsy related either to the anaesthetic block or potentially a traction injury through the procedure.

Post procedure nerve conduction studies suggests a neurapraxia which is recovering / recovered. However she has a stiff painful right arm which is now more in keeping with a regional type pain syndrome. There is hypersensitivity to touch and she is really reluctant to move shoulder, elbow, wrist or fingers because of discomfort.

Elizabeth is working hard with Sally Maclaine in the pool and physiotherapy. She is seeing a psychologist. She is very motivated with activities, she rode one handed to the fish shop along Rosevears which is clearly an impressive feat. I have encouraged Elizabeth to keep doing all these activities and despite her limitations, to keep trying to use this arm as much as possible as hopefully in time this intense hypersensitivity and discomfort will burn out.

From my perspective there is no surgery that needs to be done. It is all the non-surgical modality to support Elizabeth. I am happy to monitor her progress and I will see her in another 3 months or as she requires.

Any concerns or problems please let me know.

Kind regards
Yours sincerely,

David Penn
Orthopaedic Surgeon

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